



LIVING HOPE'S PROMISE TO REFERRING CLINICIANS

We promise to collaborate with you and your patient to create a tailored approach to treatment focusing on physical, mental and spiritual healing.

OUR PROMISE TO YOUR PATIENT:

Medical & Psychiatric

- ☞ One session per week with a psychiatrist at RTC
- ☞ Consistent monitoring by the Medical Director over the patient's length of stay including one session per week.
- ☞ 24-hour nursing at RTC and nurse monitoring during PHP and IOP program hours
- ☞ Medication oversight and development of a personalized medication treatment plan
- ☞ Monitored weight, vitals and lab work

Nutrition

- ☞ One to two sessions per week with a registered dietitian
- ☞ Nutritional and weight stabilization goals based on patient and family history that is adjusted for frame size
- ☞ A unique meal plan incorporating balance, variety and mindfulness practices; ultimately restoring the patient's food and body relationship
- ☞ Exposure groups building culinary skills and real-world experiences
- ☞ Group sessions led by a dietitian multiple times per week to address nutritional education, challenge meals/snacks and develop a healthy relationship with food

Therapy

- ☞ Two to three weekly sessions at RTC and one to two sessions at PHP/IOP, depending on the patient's needs
- ☞ 2-6 hours of group therapy per depending on the level of care
- ☞ Family involvement and support through family therapy and family days when appropriate
 - ☞ Smooth and supported transition to outpatient care at discharge

OUR PROMISE TO YOU:

We will communicate with you on a regular basis regarding the patients you refer to us.

- ☞ A member of our team will contact you within the first week of your patient's admission date
- ☞ Updates on your patient will be provided to you based on your preferred frequency
- ☞ Approaching discharge as well as afterwards, we will work together with you to ensure a smooth transition for your patient to outpatient treatment

Our belief is that collaboration between Living Hope and our referring clinicians will result in a more effective recovery for our patients. We welcome your assessment and treatment recommendations for your patient and create their personalized treatment plan with them in mind.

We promise to establish goals and provide treatment aiming towards a lasting recovery for the patient.

Living Hope promises to provide exceptional treatment to our patients through a partnership with you. At any time if you feel that this is not the case, please contact our Outreach Director.



Living Hope
Eating Disorder Treatment Center